# FIRST AID POLICY

Woodcraft Folk DFs



Approved by: DF Committee Document owner: First Aid Fairy

Approval date: March 2022 Review date: March 2023

Previous versions of this policy are available on request. Please contact the DF Secretary via email.

The most up-to-date copy of this policy will always be accessible via spanthat.world/files/policy/first-aid.

Any references to this policy should use the link above.

# Scope

This policy applies to all DF Events.

# Purpose

The purpose of this policy is to set out the expectations for first aiders on DF Events and the equipment provided to them.

## Related Documents

There are no related documents for this policy.

The policy starts overleaf.

## 1 First Aid Kit

The First Aid kit should be:

- Clearly marked as the First Aid kit;
- Kept in an easily accessible place known to First Aiders;
- Accompanied by the address (including postcode) of the site.

#### 1.1 Contents of the First Aid Kit

#### 1.1.1 The First Aid Kit needs to contain

- Individually wrapped sterile plasters of various sizes and types
- Sterile Eye Dressing
- Individually wrapped triangular bandages
- Individually wrapped, unmedicated, sterile Dressings of various sizes
- Safety Pins
- Latex-free, powder-free, sterile, individually wrapped disposable gloves
- Alcohol-free antiseptic wipes
- User guide
- A log book to keep track of items used
- Easy identification for first aiders (hi vis vest)
- A copy of the First Aid policy

#### 1.1.2 The First Aid Kit not to contain

- Cut-to-size plaster strips
- Tablets
- Medications (including creams & lotions)

## 2 First Aiders

- The first aiders must meet with the first aid fairy at the beginning of the event for a briefing, including the reading of this policy
- A minimum of 2 First Aiders to be on duty at all times at larger events (more than 50 people)
- A minimum of 1 First Aider to be on duty at all times at smaller events (less than 50 people)
- First Aiders to be clearly identifiable at a distance, usually by wearing a hi vis vest
- During the night, when First Aiders go to sleep, they are to mark their tent/room so that they can be woken in an emergency. This is usually done by placing the hi vis vest on the outside of the tent/room.
- First Aiders to be sober at the start of a shift. No consumption of intoxicating substances while on shift
- First Aiders to stick within the limitations of their current First Aid certificate
- Only first aiders are allowed to use the contents of the first aid kit