FIRST AID POLICY

Woodcraft Folk DFs



Approved by: DF Committee Document owner: First Aid Fairy

Approval date: November 2025 Review date: November 2026

Previous versions of this policy are available on request. Please contact the DF Secretary via email.

The most up-to-date copy of this policy will always be accessible via spanthat.world/files/policy/first-aid.

Any references to this policy should use the link above.

Scope

This policy applies to all DF Events.

Purpose

The purpose of this policy is to set out the expectations for first aiders on DF Events and the equipment provided to them.

Related Documents

There are no related documents for this policy.

The policy starts overleaf.

1 First Aid Kit

The First Aid kit should be:

- Clearly marked as the First Aid kit;
- Kept in an easily accessible place known to First Aiders;
- Accompanied by the address (including postcode) of the site.
- Accompanied by the individual events health forms. These should be kept securely to protect sensitive data.

1.1 Contents of the First Aid Kit

1.1.1 The First Aid Kit needs to contain

- Individually wrapped sterile plasters of various sizes and types
- Sterile Eye Dressing
- Individually wrapped triangular bandages
- Individually wrapped, unmedicated, sterile Dressings of various sizes
- Safety Pins
- Latex-free, powder-free, sterile, individually wrapped disposable gloves
- Alcohol-free antiseptic wipes
- User guide
- A log book to keep track of items used
- Easy identification for first aiders (hi vis vest)
- A copy of the First Aid policy

1.1.2 The First Aid Kit not to contain

- Cut-to-size plaster strips
- Tablets
- Medications (including creams & lotions)

Non-First Aiders should not be using the first-aid kit at any point. Instead, participants should find an on shift first aider. This is to ensure all first-aid is completed by trained individuals, maintaining a high standard of care at events.

2 First Aiders

- The first aiders must meet with the first aid event lead at the beginning of the event for a briefing, including the reading of this policy
- A minimum of 2 First Aiders to be on duty at all times at larger events (more than 30 people)
- A minimum of 1 First Aider to be on duty at all times at smaller events (less than 30 people)
- First Aiders to be clearly identifiable at a distance, usually by wearing a hi vis vest

- During the night, when First Aiders go to sleep, they are to mark their tent/room so that they can be woken in an emergency. This is usually done by placing the hi vis vest on the outside of the tent/room.
- First Aiders to be sober at the start of a shift. No consumption of intoxicating substances while on shift
- First Aiders to stick within the limitations of their current First Aid certificate
- Only first aiders are allowed to use the contents of the first aid kit